




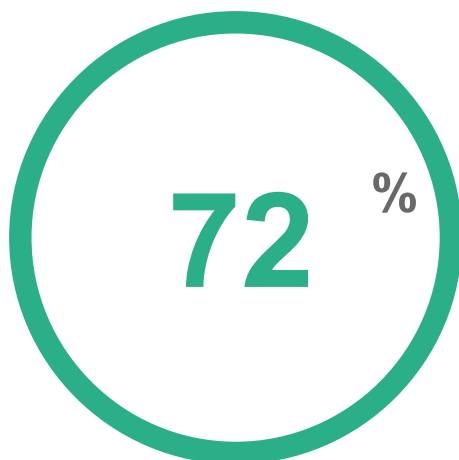
Order	RA1-00516604
Name	Allergy Food Panel
Date of Birth	31-Jan-1978
Fasted For	Non-fasting Sample
Date of Sample Collection	30-Jun-2025
Date of Report	10-Jul-2025
Programme	Randox Allergy - Food Panel

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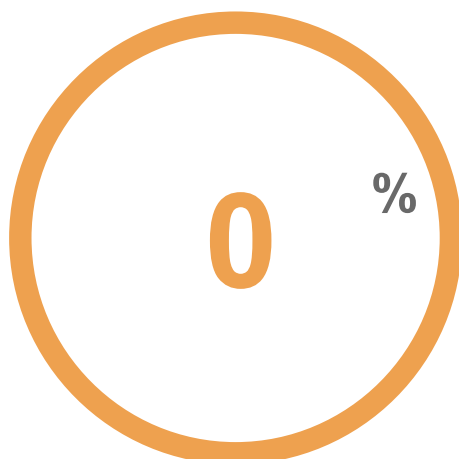
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Health Status

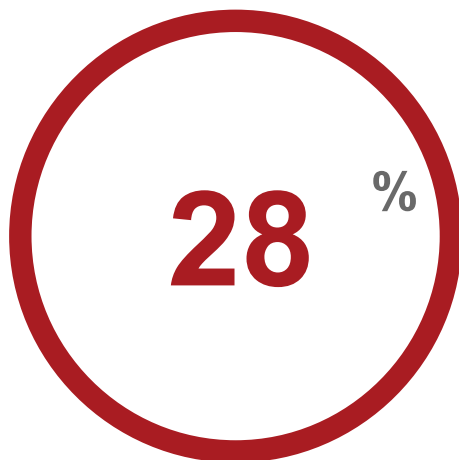
Track and improve your Health Status each time you visit Randox Health.



 Green - In Range



 Amber - In Between



 Red - Out of Range

Your Results of Interest

The results presented in this section are a summary of all the tests that are either positive or fall outside the reference ranges. What does this mean? A reference range is a term used to determine if your results are within what is considered to be the 'normal' range of the population. If your results are outside the range for a test, it does not automatically mean the result is abnormal. Depending on each person's individual medical history, current medications and ongoing conditions or diseases, the results must be interpreted in this context to fully understand what these results mean to you. Therefore, in this section those results that are either positive or fall outside the reference range are highlighted so that they can be reviewed by a GP / Consultant to understand the relevance to your health. These results will also appear again throughout the report alongside the other results for that profile.



Allergy Evaluation

Apple



Carrot



Casein



Chocolate



Cod Fish



Egg White



Onion



Potato



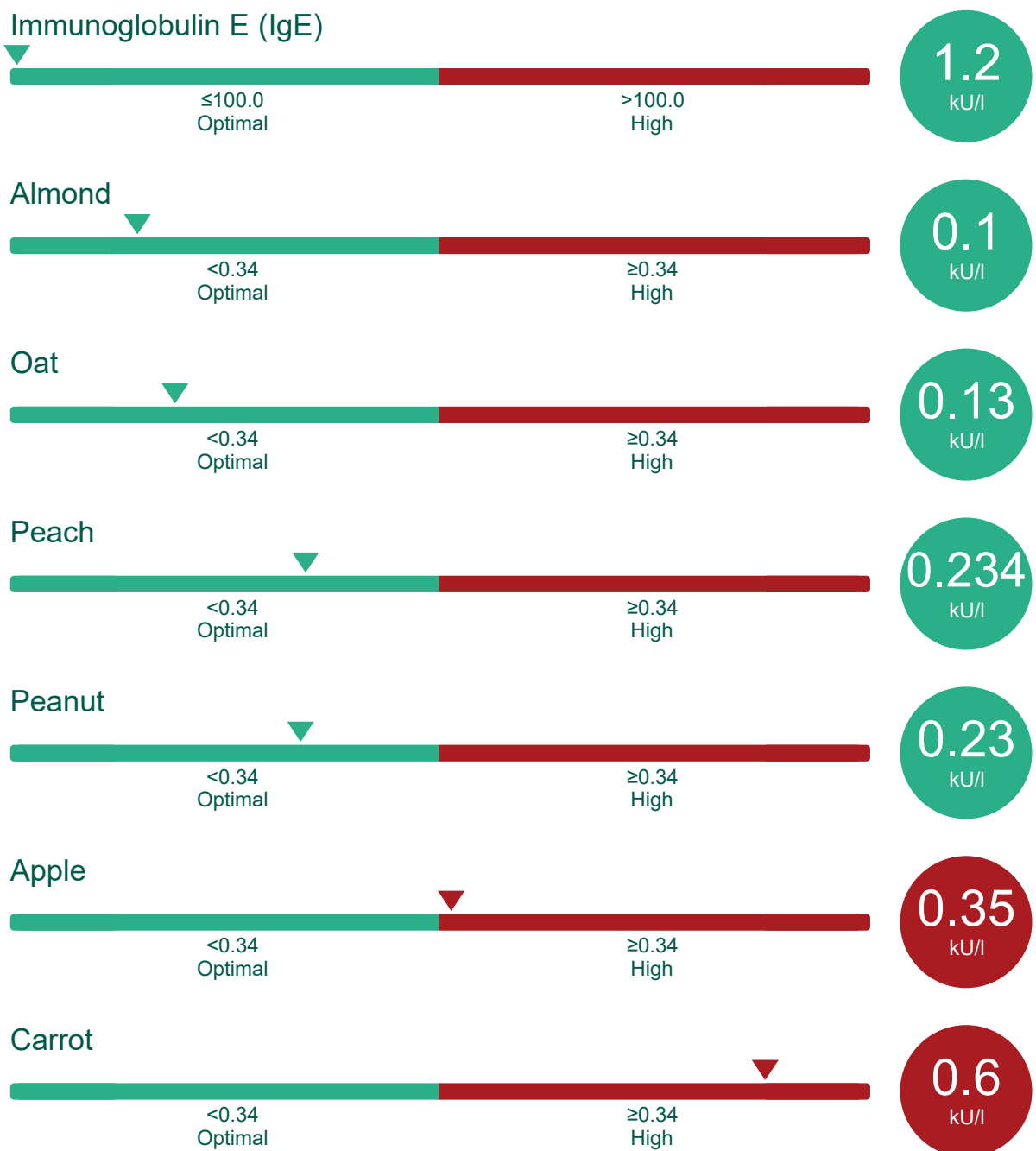
Rye Flour

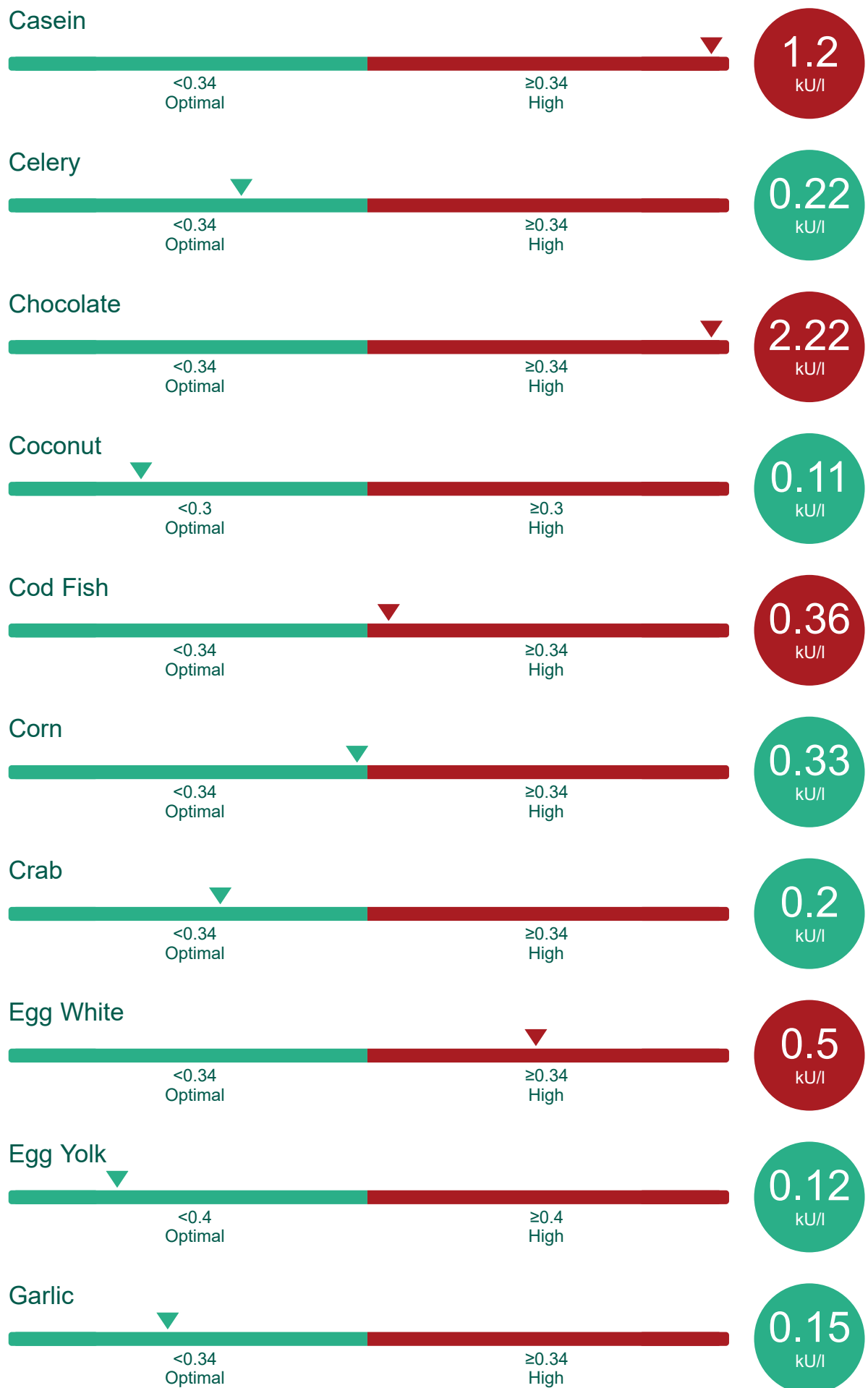




Allergy Evaluation

Allergies are increasingly common, with estimates suggesting that allergies will affect 25% of the population at some stage in life. An allergy is the immune system's response to a particular food or environmental substance (allergen). This response occurs in predisposed individuals and results in the production of a particular type of immune system protein (antibody) called immunoglobulin E (IgE). Subsequent exposure to the allergen generates IgE, which in turn causes the release of chemicals into the body. This chemical release causes the characteristic symptoms of allergies such as coughing, sneezing and itching. The Allergy Evaluation measures the total IgE level in the blood. However, generation of IgE is dependent on recent exposure to an allergen. The Allergy Evaluation may prove inconclusive in individuals who have limited their exposure to suspected allergens (e.g. removal of wheat from diet or avoidance of pets).







Strawberry



0.321
kU/l

Tomato



0.12
kU/l

Tuna



0.12
kU/l

Walnut



0.123
kU/l

Wheat



0.22
kU/l

Results for your Doctor

This section contains all your test results. Your doctor may prefer to see your test results in this format. The results that are either positive or fall outside the reference range are highlighted in red.

Test	Result	Units	Reference Range
Allergy Evaluation			
Immunoglobulin E (IgE)	1.2	kU/l	≤100.0 Optimal
Almond	0.1	kU/l	<0.34 Optimal
Oat	0.13	kU/l	<0.34 Optimal
Peach	0.234	kU/l	<0.34 Optimal
Peanut	0.23	kU/l	<0.34 Optimal
Apple	0.35	kU/l	<0.34 Optimal ≥0.34 High
Carrot	0.6	kU/l	<0.34 Optimal ≥0.34 High
Casein	1.2	kU/l	<0.34 Optimal ≥0.34 High
Celery	0.22	kU/l	<0.34 Optimal
Chocolate	2.22	kU/l	<0.34 Optimal ≥0.34 High
Coconut	0.11	kU/l	<0.3 Optimal
Cod Fish	0.36	kU/l	<0.34 Optimal ≥0.34 High
Corn	0.33	kU/l	<0.34 Optimal
Crab	0.2	kU/l	<0.34 Optimal
Egg White	0.5	kU/l	<0.34 Optimal ≥0.34 High
Egg Yolk	0.12	kU/l	<0.4 Optimal
Garlic	0.15	kU/l	<0.34 Optimal
Hazel Nut	0.1	kU/l	<0.34 Optimal
Milk	0.12	kU/l	<0.34 Optimal
Onion	2.1	kU/l	<0.34 Optimal ≥0.34 High
Orange	0.22	kU/l	<0.34 Optimal
Potato	0.36	kU/l	<0.34 Optimal ≥0.34 High
Rye Flour	0.35	kU/l	<0.34 Optimal ≥0.34 High
Salmon	0.1	kU/l	<0.34 Optimal

Test	Result	Units	Reference Range
Allergy Evaluation			
Sesame Seed	0.1	kU/l	<0.34 Optimal
Shrimp	0.023	kU/l	<0.34 Optimal
Soya Bean	0.033	kU/l	<0.34 Optimal
Strawberry	0.321	kU/l	<0.34 Optimal
Tomato	0.12	kU/l	<0.3 Optimal
Tuna	0.12	kU/l	<0.34 Optimal
Walnut	0.123	kU/l	<0.34 Optimal
Wheat	0.22	kU/l	<0.34 Optimal